

# Valley Newsletter

January 2  2 

UN BOLETÍN IMPRESO ESPAÑOL ESTARÁ DISPONIBLE EN LAS OFICINAS

## Superintendent Notes - Mr. Anderson

### COVID-19 UPDATE

According to South Central Public Health Department, the region is experiencing roughly a daily average of 113 positive cases/day (Through the end of November). As these cases trend upward during the colder months South Central Public Health will start rolling out a Phase 1a vaccine plan (Timeline yet to be announced). The Phase 1a plan will start with priority groups of hospital staff, long-term care staff, and long-term care residents. Governor Little will continue to keep Idaho in a modified Stage 2 Stay Healthy order. This order keeps schools open for learning but limits gatherings for indoor activities. Valley School District will continue to update our community if this changes.

### VALLEY SD COVID -19 STATISTICS:

We have had roughly 20 confirmed positive COVID-19 virus cases in the district, after nearly a semester of school. We have quarantined nearly 170 students after nearly a semester of school due to either a school contact or family contact. We have had minimal in-school spread of the virus at this time.

### Texting Messages

Txtwire Messages - If you are new to the district or have changed phones you can "opt in" to our text messaging service. Please follow these directions:

1. Open up text/messages
2. To: 1-877-708-8480
3. In the message type: Valley
4. Click send

We will send out messages and other important school announcements from time to time. If you have questions, please contact the district office at 208-829-5333.

### SCHOOL BOARD

ZONE 1: Kortney Romer  
ZONE 2: Dusty Standlee  
ZONE 3: Jim Ritchie Jr.  
ZONE 4: Matthew Kimmel  
ZONE 5: Kattie Carlquist

### CONTACT NUMBERS

Superintendent: 829-5333  
High School: 829-5353  
Middle School: 829-5961  
Elementary: 829-5961  
Food Service: 829-4107  
Special Service: 829-5961  
Technology Services: 829-4165  
District Fax: 829-5548

### ON THE WEB

[valleyvikings.org](http://valleyvikings.org)

## End of Semester - Valley Leadership

The end of the semester was Friday, December 18th. Parents, please look for report cards being sent home with students sometime after January 12th. Parent/Teacher Conferences will be at midterms of the 3rd quarter, Monday, February 8th. Monday tutoring will be the following days: January 25th, February 1st, and February 22nd from 9:00am—12:00pm. All Middle School and High School students can attend if they come prepared to work on assignments. Students are not required to be there the entire time but students must be picked up no later than noon. Thanks!

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## **Spring Driver's Ed 2020—Mrs. Lamun**

The spring driver's education class will begin at 6:30 am on February 17<sup>th</sup>. Parents must attend the first day of class for the first half hour and again near the end of class. Class will be held from 6:30-7:30 am Tuesday- Friday and from 8-11 am on Mondays. Class will run approximately through March. Drives will be scheduled in addition to the class hours. The cost is \$200. You must pay at least \$100 to reserve your space in the class and must be paid in full by the end of class. First signed and paid will have the first priority. If we do not get at least 12 we will cancel the class and refund your money. You must be 14 ½ before Tuesday, February 16<sup>th</sup> to be eligible to take the Spring class and to purchase a permit. People with questions about this may contact me. Students **MUST** have purchased their permit **BEFORE** class on the 17<sup>th</sup>. The cost is \$21.50. If you do not have your permit by the first day of class, you may not be in the class. Sign up in the high school office and get the necessary info. and paperwork before going to get your permit. You must get an Idaho Driver's Manual from the DMV while you are getting your permit. You will need it for the first day of class and the school does not provide them. Information is also located on the district website. If you have any questions please see or call Mrs. Lamun.

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## **Student Residency Questionnaire—Mrs. Gallentine**

The McKinney-Vento Act provides certain rights for students in transition and those students whose living situations change due to hardship. The Act and determination of residency would allow your child to be eligible for certain services, such as free school lunches or clothing, etc. In order to determine if your student is eligible to receive additional services under the McKinney-Vento Act, please complete the Residency Questionnaire on the [valleyvikings.org](http://valleyvikings.org) website. Please click the link or copy the link for the English or Spanish version of the Questionnaire. Please know that this information will be kept confidential and will only be used to determine eligibility for services. The form will be available throughout the year on the website or the following link: <https://cutt.ly/Vhb5vfc> (English Version), please update your residency status as your situation changes.

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## **Student Residency Questionnaire - Sra. Gallentine**

La Ley McKinney-Vento proporciona ciertos derechos para los estudiantes en transición y aquellos estudiantes cuyas situaciones de vida cambian debido a dificultades. La Ley y la determinación de residencia permitirían que su hijo sea elegible para ciertos servicios, como almuerzos o ropa escolares gratuitos, etc. Para determinar si su estudiante es elegible para recibir servicios adicionales bajo la Ley McKinney-Vento, por favor complete el Cuestionario de Residencia en el sitio web [valleyvikings.org](http://valleyvikings.org). Haga clic en el enlace o copie el enlace para la versión en inglés o español del cuestionario. Tenga en cuenta que esta información se mantendrá confidencial y solo se utilizará para determinar la elegibilidad para los servicios. El formulario estará disponible durante todo el año en el sitio web, actualice su estado de residencia a medida que cambie su situación. <https://cutt.ly/zhb6nbQ> (Spanish Version)

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## **Middle School Wrestling - Coach Ayers**

Our middle school wrestling season came to end on December 7<sup>th</sup>. Our season went well and I am very pleased with the improvement we made over the course of the season. I would like to extend my thanks to all of our parents that were patient and accepting of the situation this season. I will have videos of our wrestling matches for any parents that are interested. I know it isn't the same as viewing it live, but it is the best we can do at this point. I will have videos ready as soon as I can. I am very thankful we were able to have a completed season this year. Without Mrs. Richardson and our administration working so diligently we wouldn't have been able to have a wrestling season at all. I wish everyone a happy New Year and hope we have a return to normalcy soon.

Valley School District No. 262  
882 Valley Road S.  
Hazelton, Idaho 83335

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### **Note from the Nurse - Mrs. Richardson**

It cannot be expressed enough; this year has been extremely challenging for everyone. If you have a child who has been quarantined, you know first-hand how rough it is! An article in the medical journal, *The Lancet*, describes irritability, stress, anger, emotional-exhaustion, and depression as some of the effects quarantining may have on people. The article lists fear of infection, inadequate information, inadequate supplies, stigma, financial stress, frustration and boredom, loss of routine, decreased social and physical interaction, and the sense of isolation as the primary contributing factors which make quarantining so hard. What can we do as parents and teachers to help? I can tell you, as a parent of children who have had to quarantine, what does not work...allowing your own emotions of anger, frustration, and exhaustion about the situation to take over. As a parent who lost control of those emotions during quarantining, I can tell you now what I wish I had done. Some things I wish I had done better, and plan to do if it happens again are:

- Recognize the stress that quarantining places on our kids/students **and** on parents and teachers.
- Recognize that each child/student and their family experiences quarantining differently. Some families are already facing financial and emotional stress. Some children, even within the same family, will experience the stress differently. Realize that just because something isn't stressful to one person, doesn't mean it's not to another.
- Establish routines/schedules. Part of the reason quarantining is so stressful is because we have no control over the situation. Taking time to create a daily schedule/routine creates a sense of control. Allow your child to do most of the planning and creating of the schedule. The schedule can also help your child stay on task when/if you are not at home to help them.
- Remind your child to build time into the schedule to interact with friends and/or family members who support them. Allow your child to share their situation with people they trust. Don't forget they are missing out on important social interactions. Social media can be helpful in this case.
- Communicate with the school. For older students this means making sure that they are in touch with all of their teachers each day that they would normally be in class. For younger students, you may be the primary communicator. Teachers need to know if a student is struggling with an assignment, if a student doesn't have the supplies they need, if a student's family is struggling, or if a student is too sick to complete his/her work.
- Plan a time each day to listen to your child. Allow them to vent frustrations, fears, and anxiety.
- Help your student understand the "Why" behind what is happening. There are many "Whys." The one "Why" that all students can take pride in is the fact that they are quarantining so that everyone in our school can continue to attend on as regular a basis as possible. They are doing a tremendous service for their community.
- Assure your child that this time will pass. They will not be in quarantine forever. Help them make choices that decrease their chances of quarantining in the future.